

MULTIPLEX MOLECULAR FOOD INTOLERANCE TEST LIST

Extracts	Extracts in Latin	Group
Adzuki bean (Red bean)	Vigna angularis	Legumes
Allspice	Pimenta dioica	Spice
Almond	Prunus amygdalus	Nuts & seeds
Aloe vera	Aloe vera	Vegetable
Amaranth	Amaranthus caudatus	Grain
Anchovy	Engraulis encrasicolus	Fish
Aniseed	Pimpinella anisum	Spice
Apple	Malus domestica	Fruit
Apricot	Prunus armeniaca	Fruit
Artichoke	Cynara cardunculus	Vegetable
Asparagus	Asparagus officinalis	Vegetable
Avocado	Persea americana	Vegetable
Banana	Musa x paradisiaca	Fruit
Barley	Hordeum vulgare	Grain
Bay boletus	Xerocomus badius	Mushroom
Bay leaf	Laurus nobilis	Spice
Beef	Bos primigenius f. taurus	Meat
Beet root	Beta vulgaris var. conditiva	Vegetable
Blackberry	Rubus fruticosus	Berry
Black-eyed pea	Vigna unguiculata	Legumes
Blue cheese	Bos primigenius f. taurus	Dairy product
Blue mussels	Mytilus edulis	Seafood
Blueberry	Vaccinium myrtillus	Berry
Boar. wild	Sus scrofa	Meat
Brazil nut	Bertholletia excelsa	Nuts & seeds
Broad bean	Vicia faba	Legumes
Broccoli	Green sprouting broccoli	Vegetable
Brussels sprouts	Brassica oleracea var. Gemmifera	Vegetable
Buckwheat	Fagopyrum esculentum	Grain
Buttermilk	Bos primigenius f. taurus	Dairy product
Button mushroom	Agaricus bisporus	Mushroom
Cabbage. red	Brassica oleracea capitata	Vegetable
Cacao	Theobroma cacao	Other
Cane sugar	Saccharum officinarum	Other
Cannabis	Cannabis sativa	Nuts & seeds
Cape gooseberry	Physalis peruviana	Berry
Capers	Capparis spinosa	Other

Carambole	Averrhoa carambola	Fruit
Caraway	Carum carv	Spice
Cardamom	Elettaria cardamomum	Spice
Carp	Cyprinus carpio	Fish
Carrots	Daucus carota	Vegetable
Caseine	Bos primigenius f. taurus	Dairy product
Cashew kernels	Anacardium occidentale	Nuts & seeds
Catfish, European	Silurus glanis	Fish
Cauliflower	Brassica oleracea var. botrytis	Vegetable
Cayenne Pepper	Capsicum frutescens	Spice
Celeriac. knob	Apium graveolens	Vegetable
Chard. beet greens	Beta vulgaris ssp. vulgaris var. vulgaris	Vegetable
Cheese. cheddar type	Bos primigenius f. taurus	Dairy product
Cheese. Gouda	Bos primigenius f. taurus	Dairy product
Cherry	Prunus avium	Berry
Chicken (meat)	Gallus gallus domesticus	Meat
Chicken egg-white	Gallus gallus domesticus	Other
Chicken yolk	Gallus gallus domesticus	Other
Chickpeas	Cicer arietinum	Legumes
Chicory	Cichorium intybus var. Foliosum	Spice
Chinese cabbage	Brassica oleracea var capitata	Vegetable
Cinnamon	Cinnamomum verum	Spice
Clam	Chlamys varia	Seafood
Clove	Syzygium aromaticum	Spice
Coconut	Cocos nucifera	Fruit
Cocos milk	Cocos nucifera	Other
Cod. codling	Gadus morhua	Fish
Coffee	Coffea arabica	Other
Coriander	Coriandrum sativum	Spice
Lingonberry	Vaccinium vitis-idaea	Berry
Crayfish	Astacus astacus	Fish
Cucumber	Cucumis sativus	Vegetable
Curd cheese	Bos primigenius f. taurus	Dairy product
Curry	-	Spice
Dandelion	Taraxacum vulgare	Other
Date	Phoenix dactylifera	Fruit
Deer	Capreolus capreolus	Meat
Dill	Anethum graveolens	Spice
Duck	Anas platyrhynchos domestica	Meat
Duck egg	Anas platyrhynchos domestica	Other
Durum wheat	Triticum durum	Grain
Eel	Anguilla anguilla	Fish
Egg Plant	Solanum melongena	Vegetable
Elk meat	Alces alces	Meat

Endive	Cichorium endiva	Vegetable
Fig	Ficus carica	Fruit
Flax. linseed	Linum usitatissimum	Grain
Garlic	Allium sativum	Spice
Gelatin	Sus scrofa f. domestica	Other
Ginger	Zingiber officinale	Spice
Gluten	Triticum aestivum	Other
Goat milk and cheese	Capra hircus	Dairy product
Goose	Anser anser domesticus	Meat
Grape	Vitis vinifera	Berry
Grapefruit	Citrus paradisi	Citrus fruit
Grapevine snail	Helix pomatia	Other
Grass pea	Lathyrus sativus	Legumes
Green bean	Phaseolus vulgaris	Legumes
Green pea	Pisum sativum	Legumes
Guava	Psidium guajava	Fruit
Halibut	Hippoglossus hippoglossus	Fish
Hazelnut	Corylus avellana	Nuts & seeds
Hen egg	Gallus gallus domesticus	Other
Herring	Clupea harengus	Fish
Honeydew melon	Cucumis melo var. Inodorus	Fruit
Hops	Humulus lupulus	Other
Hot paprika. spice	Capsicum annuum	Spice
Iceberg lettuce	Lactuca sativa var. Capitata	Vegetable
Juniper berry	Juniperus ashei	Berry
Kale. curled kale	Brassica oleracea var. Sabellica	Vegetable
Kamut	Triticum polonicum	Grain
Kefir	Bos primigenus f. taurus	Dairy product
Kiwi	Actinidia deliciosa	Fruit
Kohlrabi (turnip cabbage)	Brassica oleracea var. Gongylodes	Vegetable
Lamb	Ovis ammon f. aries, Ovis aries (Ovis spp.)	Meat
Lamb's lettuce (Corn salad)	Valerianella locusta	Vegetable
Leek	Allium porrum	Vegetable
Lemon	Citrus limon	Citrus fruit
Lemon balm	Melissa officinalis	Spice
Lentil	Lens culinaris	Legumes
Lettuce	Lactuca sativa	Vegetable
Lime	Citrus limon	Citrus fruit
Litchi	Litchi chinensis	Fruit
Lobster	Homarus gammarus	Seafood
Macademia nut	Macadamia ternifolia	Nuts & seeds
Mackerel	Scomber scombrus	Fish
Maize. sweet corn	Zea mays	Grain

Malt	<i>Hordeum vulgare</i>	Grain
Mandarine	<i>Citrus reticulata</i>	Citrus fruit
Mango	<i>Mangifera indica</i>	Fruit
Maple syrup	<i>Acer saccharum</i>	Other
Milk protein	<i>Bos primigenius f. taurus</i>	Dairy product
Milk. unboiled	<i>Bos primigenius f. taurus</i>	Dairy product
Millet	<i>Panicum miliaceum</i>	Grain
Mozzarella	<i>Bubalus arnee</i>	Dairy product
Mung bean. green gram	<i>Vigna radiata</i>	Legumes
Mushroom. Shitake	<i>Lentinula edodes</i>	Mushroom
Mustard seed	<i>Sinapis alba</i>	Spice
Mutton	<i>Ovis aries</i>	Meat
Nettle	<i>Urtica dioica</i>	Other
Oats	<i>Avena sativa</i>	Grain
Octopus	<i>Octopus vulgaris</i>	Seafood
Olive. black	<i>Olea europaea</i>	Other
Olive. green	<i>Olea europaea</i>	Other
Onion	<i>Allium cepa</i>	Vegetable
Orange	<i>Citrus sinensis</i>	Citrus fruit
Oregano	<i>Origanum vulgare</i>	Spice
Oyster mushrooms	<i>Pleurotus ostreatus</i>	Mushroom
Oysters	<i>Ostrea edulis</i>	Seafood
Papaya	<i>Carica papaya</i>	Fruit
Parsley	<i>Petroselinum crispum</i>	Spice
Passion fruit	<i>Passiflora edulis</i>	Fruit
Peach	<i>Prunus persica</i>	Fruit
Peanut	<i>Arachis hypogaea</i>	Nuts & seeds
Pear	<i>Pyrus communis</i>	Fruit
Pectin	-	Other
Pepper. black	<i>Piper nigrum</i>	Spice
Pepper. green	<i>Piper nigrum</i>	Spice
Peppermint	<i>Mentha piperita</i>	Spice
Perch	<i>Perca fluviatilis</i>	Fish
Pine nut	<i>Pinus pinea</i>	Nuts & seeds
Pineapple	<i>Ananas comosus</i>	Fruit
Pistachio	<i>Pistacia vera</i>	Nuts & seeds
Plaice	<i>Pleuronectes platessa</i>	Fish
Plum	<i>Prunus domestica</i>	Fruit
Pollock	<i>Theragra chalcogramma</i>	Fish
Poppy seeds	<i>Papaver somniferum</i>	Nuts & seeds
Pork	<i>Sus scrofa domestica</i>	Meat
Potato	<i>Solanum tuberosum</i>	Vegetable
Pumpkin	<i>Cucurbita pepo</i>	Vegetable
Quinoa (Goosefoot)	<i>Chenopodium quinoa</i>	Grain

Rabbit	<i>Oryctolagus cuniculus</i>	Meat
Radish red and white	<i>Raphanus sativus</i>	Vegetable
Raisins	<i>Vitis vinifera</i>	Berry
Rape seed	<i>Brassica napus</i>	Nuts & seeds
Raspberry	<i>Rubus idaeus</i>	Berry
Red kidney bean	<i>Phaseolus vulgaris</i>	Legumes
Rice	<i>Oryza sativa</i>	Grain
Roquette	<i>Eruca sativa</i>	Vegetable
Rosemary	<i>Rosmarinus officinalis</i>	Spice
Rye	<i>Secale cereale</i>	Grain
Salmon	<i>Salmo salar</i>	Fish
Sardine	<i>Sardina pilchardus</i>	Fish
Savoy cabbage	<i>Brassica oleracea</i> convar. <i>capitata</i> var. <i>sabauda</i>	Vegetable
Scallop	<i>Pecten maximus</i>	Seafood
Sea bass	Moronidae	Fish
Sea buckthorn juice	<i>Hippophae rhamnoides</i>	Berry
Sesame	<i>Sesamum indicum</i>	Grain
Shaddock	<i>Citrus maxima</i>	Citrus fruit
Sheep milk and cheese	<i>Ovis aries</i> (<i>Ovis</i> spp.)	Dairy product
Shrimp. prawn	<i>Panaeus monodon</i>	Seafood
Soft cheese	<i>Bos primigenius</i> f. <i>taurus</i>	Dairy product
Sole	<i>Solea solea</i>	Fish
Soy milk	<i>Glycine max</i>	Other
Soya bean	<i>Glycine max</i>	Legumes
Spelt	<i>Triticum aestivum</i> ssp. <i>Spelta</i>	Grain
Spinach	<i>Spinace oleracea</i>	Vegetable
Squid	<i>Loligo</i> spp.	Seafood
Strawberry	<i>Fragaria vesca</i>	Berry
Sugar beet	<i>beta vulgaris</i>	Vegetable
Sugar melon	<i>Cucumis melo</i> var. <i>cantalupensis</i>	Fruit
Sunflower seed	<i>Helianthus annuus</i>	Nuts & seeds
Sweet basil	<i>Ocimum basilicum</i>	Spice
Sweet chestnut	<i>Castanea sativa</i>	Nuts & seeds
Sweet pepper	<i>Capsicum annum</i>	Vegetable
Sweet potato	<i>Ipomoea batatas</i>	Vegetable
Tea. black	<i>Camellia sinensis</i>	Other
Thyme	<i>Thymus vulgaris</i>	Spice
Tofu	<i>Glycine max</i>	Other
Tomato	<i>Lycopersicon esculentum</i>	Vegetable
Topinambur	<i>Helianthus tuberosus</i>	Vegetable
Trout (rainbow trout)	<i>Oncorhynchus mykiss</i>	Fish
Tunafish	<i>Thunnus albacares</i>	Fish
Turkey meat	<i>Meleagris gallopavo</i>	Meat
Vanilla	<i>Vanilla planifolia</i>	Spice

Veal	<i>Bos primigenius f. taurus</i>	Meat
Vine leaves	<i>Vitis vitifera</i>	Vegetable
Walnut	<i>Juglans regia</i>	Nuts & seeds
Watermelon	<i>Citrullus lanatus</i>	Fruit
Wheat	<i>Triticum aestivum</i>	Grain
White bean	<i>Phaseolus vulgaris</i>	Legumes
Yeast (beer. bread)	<i>Saccharomyces cerevisiae</i>	Other
Zucchini	<i>Cucurbita pepo ssp. pepo convar. giromontiina</i>	Vegetable